Overeaters Anonymous Greater Detroit Intergroup Meeting Minutes May 22, 2021

Call to order

The regular OA Greater Detroit Intergroup Meeting was held May 22, 2021, as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

Board Members and Committee Chairs Present:

Judy D., chair/region rep; Pamalar, vice chair; Barbara D., corresponding secretary; Keri C., recording secretary; Carol U., newsletter; Sue S., 12 Steps Within; Verna, Helpline; Frank, Speaker/Sponsor; Lynn H., treasurer.

Group Representatives and Guests Present:

Carol U., Saturday St. Mary's Livonia; Nancy A., Wednesday, Birmingham; Diana Lee, I am a Miracle meeting; Verna, St. John's Wed. night; Georgette, Unity Monday night. Nancy S., Carole T., visitors.

Officer and Committee Chair Reports

Keri C., recording secretary: Minutes from April 24, 2021 meeting were corrected and approved.

Judy D., Chair: No report

Pamalar B., vice chair: No report.

Lynn H., treasurer: 4/30/2021 Cash Checking: \$10,553.37 Savings: \$9,081.12 YTD Contributions Actual: \$9,278.51 Budget: \$9,660 YTD Net Income Actual: (\$150.14)

In Sept., there will be an opening for treasurer because my term is up. Please announce at meetings.

Barbara D., corresponding secretary: I have been updating the virtual and face-to-face meeting list as things continue to change. I will send out the changes as I receive them. To be added to our email list, contact us by email at <u>gdi.cor.sec@gmail.com</u>. The St. Clair Shores, Monday, 7 p.m. Bethel meeting has gone back to face-to-face. Call contact for more details. I received 2 calls Tuesday inquiring about Tuesday, Hope United Meeting at 7 p.m. I gave the information and also gave our website address. One of the calls was a return member and the other was a newcomer.

Standing Committees:

Bylaws: No report. Position open.

Finance Position: No report. Position open.

Verna K., Helpline: From April 21-May 18: 7 calls/1 text - inquiring about OA*

- 1 call from Consumers for office manager; left a voicemail for Cyndi.
- 1 call Needing to purchase OA/AA literature soonest, entering rehab "tomorrow." I met with her with the requested literature (Big Book and OA 12 & 12) and a newcomer pamphlet.
- 3 wrong numbers

*All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than I gave in our conversations. People new to OA were sent a "Where Do I Start" newcomer pamphlet.

Cyndi K., literature/office: not present

Carol U., newsletter: The May-June Loveline is out. Thanks to all who submitted an article. We have lots of recovery in the Intergroup and it is great members are sharing their experience, strength and hope. Carol is always looking for recovery articles. The deadline for the July-August issue is June 10. However, any recovery story is welcome at any time. Please send to Ilnewsletter.editor@gmail.com. Your article will be in whatever is the next upcoming Loveline. Thanks to Mara for graphics and layout. Carol's term is ending, looking for another editor for a service opportunity. Nancy S. expressed interest in talking with Carol about the job.

PI/PO: Bobbi S. Not present.

Judy/Region 5 rep: Region 5 has introduced a program called "Chat with the Chairs" at 3 p.m. on a Sunday. The May program has been held; a date will be announced for June. Although we have 18 Chairs in Region 5, any concerned member may participate. For further information, email <u>r5trusteebarb@gmail.com</u>. Judy plans to go and ask about speaker sponsor list and security.

REGION 5 CONVENTION: OCT. 2-3. It will be virtual, hosted by the Central Ohio Service Intergroup. More information will be posted.

Beginning May 16, the Big Book Newcomers and Returning Members Meeting is held at 7:15 p.m. EST every Sunday. Zoom 571-680-7989 Password 545069.

Frank A., speaker sponsor: Present. Written report forthcoming.

Sue S., 12 Steps Within:

A virtual event was held Sunday, April 25, from 2-4 p.m. called "Match Calamity with Serenity" focusing on the fear inventory. There were speakers, writing and sharing time. See website for access info.

On Saturday, May 8, the St. Clair Shores 10-11 a.m. phone meeting hosted the 12 Step Within Committee in presenting "Resentment to Acceptance." 42 people attended.

The Southfield Office 9:30 a.m. Sunday meeting is hosting the 12 Step Within Committee in presenting "Let's Go from Talking to Walking," with three speakers sharing on Steps 1, 2 and 3 and how they implement these steps in their lives in a real, practical way. This program will be on Sunday, June 6, from 9:30-11 a.m. by phone only. 425 436-6377, access code 225201#

You will be able to find this and future events at oagreaterdetroit.org.

Our Intergroup Corresponding Secretary, Barbara D., sends out the flyers. To be added to the list, contact Barbara at gdi.cor.sec@gmail.com.

If your group would like to host an event or workshop and would like some assistance, call or text Sue S. at (248) 408-2340.

Pina, webmaster: Website changes and events are added to national/local tab. Look at the website frequently for updates. Monday night St. Clair Shores meeting has gone back to inperson – I updated the site. If anyone is aware of meetings going back to inperson, send me an email (barton_pa@sbcglobal.net). I prefer emails, but you can send a text to 248-416-0726. Other events can be added by email, please include the information in the body of the email or a PDF (or word doc) instead of an image for ease of posting. If there is a virtual meeting link (like Zoom), include all details including link, if possible, and a flyer, if one exists. I will pass along to Barbara D. (corresponding secretary) and Susie Y. for wider distribution.

I post Minutes and other Intergroup documentation, like the Loveline, on oagreaterdetroit.org (under Intergroup tab).

Old Business:

• Approval of the budget to be implemented in June. A "proposed budget" was sent by Lynn. Approved to go to meetings. Everyone reviewed this last month. Lynn moved to approve it. Barbara seconded. Lynn heard no questions. Judy called a vote. Passed unanimously. New budget: \$10,500. • Groups need to register by May 31. Forms to be submitted by groups to the Intergroup Corresponding Secretary. Pamalar is going to check with groups.

• Carol U. said that on the list of officers on the agenda, dates of terms need to be added or updated. A few emails are wrong and need updating. Barbara will fix. Carol will list her job description in the next Loveline. Nancy S. asked for info on the job.

<u>New Business</u>: Alert groups to the new expanded Abstinence definition from WSO, which is posted at the top of the OA.org website. Add it into Loveline? Pina did update the website with this definition.

Meeting Updates:

• Diana Lee – I am a Miracle meeting Saturday– because of the lack of interest or willingness to host a spring retreat, we need another group to take over. Motion carried, and I was asked to announce this.

• Pina had no response from Celtic Cross – may go live in Aug. Russanne B. volunteers to hold group conscience for next three months. Pam H. volunteered to get speakers.

• Susie – Monday 7 p.m. WB meeting continues to be a virtual meeting until further notice. All is well!

• Sue – Friday Ferndale at 10:05 p.m. – always in need of speakers, requires 30 days of abstinence, speaks for 20 minutes.

• Georgette was selected by the Detroit Unity meeting as the representative.

• Verna – Wednesday St. John meeting is plugging along with a few newcomers.

Next Intergroup Meeting: Saturday, June 26, 2021, at 11:15 a.m. after the Celtic Cross OA meeting.

Voices of Recovery and For Today were read. Third Step Prayer was said. Judy D. adjourned the meeting at 12:30 p.m.

Minutes submitted by Keri C.