

**Overeaters Anonymous  
Greater Detroit Intergroup  
Meeting Minutes  
Jan. 23, 2021**

**Call to order**

The regular OA Greater Detroit Intergroup Meeting was held Jan. 23, 2021 as an online/telephone meeting. The meeting began at 11:17 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

**Roll Call**

**Board Members and Committee Chairs Present:**

Judy D., chair/region rep; Pamalar, vice chair; Barbara D., corresponding secretary; Keri C., recording secretary; Lynn H., treasurer; Carol U., newsletter; Susie Y, 12 Steps Within; Bobbi S., PO; Pina, website., Sue S., adviser

**Group Representatives Present:**

Carol U., Saturday St. Mary's Livonia; Bobbi S., I am a Miracle; Verna, Wed. Birmingham Unity; Pina, Celtic Cross, Sat.; Susie Y, Monday WB.

**Officer and Committee Chair Reports:**

**Keri C., recording secretary:** Minutes from Nov. 28, 2020 meeting were corrected and approved.

**Judy D., Chair:**

- No formal report. Following three meetings online, mentions Loveline and also how to designate how contributions should be made.
- Emailed treasurer of region 5 about making a donation, no answer yet.
- World Service Business Conference – April 21-24, 2021. Registrations opened in September 2020. Go to [oa.org](http://oa.org) for more information.

**Pamalar B., vice chair:** No report.

**Lynn H., treasurer:**

Phone and rent paid through Feb.

**Nov. 30, 2020 (same as reported last month)**

**Cash**

Checking: \$16,942.61

Budget: \$5,250

**YTD Contributions**

Actual: \$6,259.26

Budget: \$5,250  
**YTD Net Income**  
Actual: \$1,008.12  
Budget: --

**12/31/2020**

**Cash**

Checking: \$16,157.61  
Savings: \$9,080.43

**YTD Contributions**

Actual: \$6,906.26  
Budget: \$6,906

**YTD Net Income**

Actual: \$389

**Barbara D., corresponding secretary:** WSBC, no decision made if online or in person. Bylaws amendment. Resolutions need input. Will send to meetings for group conscience. Meeting list updated with changes. Received a few calls from members about face-to-face meetings. Call first.

**Standing Committees:**

**Bylaws:** No report. Position open.

**Finance Position:** No report. Position open.

**Pamalar B., Helpline:** No report. Position open.

**Cyndi K., literature:** Not present.

**Cyndi K., office manager:** Not present.

**Carol U., newsletter:** The January/February newsletter was released Dec. 31, 2020 on [oagreater.org/intergroup](http://oagreater.org/intergroup). Carol thanked all who submitted stories and is grateful to people for sharing their experience, strength and hope. She also thanked Mara for designing and formatting LL. Deadline to submit articles for the March/April issue is Feb. 10. Articles can be submitted at any time. Current theme: Your favorite passages from the BB. Send to [llnewsletter.editor@gmail.com](mailto:llnewsletter.editor@gmail.com).

**PI/PO:** Bobbi S. attended the Miami Intergroup professional outreach virtual event in early January. The goal was to present OA to professionals in the medical and mental health fields. Four OA speakers told their stories of recovery. She was impressed with the event and those it attracted to hear about OA. About 50 participants, including a media representative. Speakers' anonymity was protected. Bobbi feels OA GDI could sponsor a similar event, perhaps in the spring. She would like to consider a public information committee to discuss the possibility and bring a proposal to the Intergroup. She also will look into having OA virtual meeting

information, phone numbers and our website address appear in community newspapers as PSAs to reach those still suffering. Judy suggested the *Trenton Tribune* as a place for an OA presence. Bobbi also ordered a few new pamphlets on professional outreach to share at our next meeting to see if we should order more and how to distribute them.

**Frank A., speaker sponsor:** Not present. No report.

**Susie Y., 12 Steps Within:**

Susie Y., Sue S. and Julie G. are planning meetings monthly. All meetings are welcome to host a 12 Step Within program. All info about 12 Step Within programs are sent by email by Susie on her email list, sent to meeting contacts to share and passed to Pina for the listing on the website.

**12 Step Within programs:**

- Thanksgiving Day Virtual Marathon, each hour had about 15 members.
- Dec. 12: How to stay abstinent on the holidays (three speakers). Celtic Cross suggested doing this earlier.
- Dec. 30: Open meeting, hosted by Birmingham Unitarian meeting
- Jan. 30: Open meeting, hosted by I am a Miracle meeting, Celtic Cross
- Feb. 11, Rochester, discussion meeting: 3 speakers talk about Loving Yourself in Recovery, then sharing.
- Feb. 28, 2021 – Unity Day, speakers from OA HOW, OA and OA 90-Day
- OA Spring Virtual Retreat, March 21, 2021, info to come.

See Local Events at [oagreaterdetroit.org](http://oagreaterdetroit.org) for all information. New information is added frequently.

**Pina B., webmaster:** Events are added to national/local tab. Look at website frequently for updates. Anyone can add events – give text, Word doc or pdf for ease of posting. Include Zoom meeting details. She passes these to Susie and Barbara D to distribute widely. Intergroup minutes and Loveline are posted after they are approved. FYI – for other national events...will add special events, but not regular meetings. Too much for website. Pina's email address: [barton\\_pa@sbcglobal.net](mailto:barton_pa@sbcglobal.net)

**Old Business:**

1. Open. Review possible donations to WSO/Region 5 from excess funds. Much discussion.
  - o Lynn H: Waited to discuss today whether we should give WSO/Region donations because we have excess money. Lynn looked at bylaws, which say we need to give monies beyond our reserve to WSO/Region 5 as directed by Intergroup. How much is beyond our prudent reserve? Bylaws say there should be no gross accumulation beyond our needs. Excess funds should be donated. We have a balance of \$11,309 after rent, expenses, contingencies, WSO conference, special events, fall and spring retreats, etc. Bylaws say Intergroup decides this. How much of the \$11,000 do we donate to WSO/Region 5? How to split? 60% (intergroup) – 30% (WSO) – 10% (Region)?
  - o Judy: Some comments say Intergroup should be deciding.
  - o Susie Y.: Things are really tough now for people. Lot of incomes are **so** reduced

- or evaporated, when we get back to doing in-person retreats, may need more scholarships and may need more funds for retreats. Would like to see some money going to scholarships for fall/spring retreats and retreats themselves.
- Barbara D.: I have gone to WSO conference twice – it was a lot more than \$900 (2009) – much more now. When back to in-person, don't know what it is going to look like. Agree with Susie – need to hold some funds back.
  - Lynn: Agrees. \$900 figure was from budget. Should be more. Asked if \$2,000 was OK. Barbara said yes.
  - Bobbie – I think things are not going to change substantially in next few months with pandemic. Strong guess the conference will be virtual. Sustaining WSO/Region 5 is important – this has been a lifeline for me. Important for us to make a contribution. Virtual Region 5 conference coming up. Don't want us to lose infrastructure. If we are in a position to make a contribution, very important to donate.
  - Pamalar: Propose we create a committee to research this. I would be willing to serve. Would like to see 4-5 people.
  - Sue: \$11,000 --- rather than giving all, give a portion. That's a lot of money; we don't really need it all in our bank account. I advocate giving now. We should safeguard ourselves, but give. WSO/Region needs our support. Don't feel we will fall apart. Important to be supportive at this time. \$5,000 is reasonable.
  - Lynn: Feel we'd be safe with \$5,000 or less. I don't want to make this decision myself.
  - Susie: Can we table this? We are in uncertain times.
  - Judy: Want to delay for a month in order to talk to others and to hear back from Region 5. Intergroup responsible to make decision. Split \$5,000 and that takes care of it for a while.  
Barbara: We *are* the committee.
  - Carol U: I advocate 60% Intergroup, 30% to WSO, 10% region.
  - Lynn: Motion: We should contribute \$5,000: \$3,000 to WSO, \$2,000 to region, according to the split. Comfortable for us and we would be following bylaws. Seconded by Barbara. Judy calls the question. Vote: 2 nays, 8 ayes. Passes. We have \$6,000 left in excess.

### **New Business:**

1. WSO business conference. Barbara D. got 9 responses and can revisit and send back out. Must be sent to WSO for vote to be counted by Feb. 18. Asks if she can get approval to send info to 43 groups? Will tally votes and get that out in time to WSO and members. Judy: We are doing something a little different by sending to our groups. No objections. Barbara, go with it. Barbara will send out to the meeting with a deadline.
2. Open: Need new person to assume responsibility for the Helpline. Also open: bylaws (Judy put this on hold.) Susie suggested publicizing in Loveline.
3. Open: Revisit the idea of adding those willing to take calls to the speakers list. Pina was checking on logistics and security; Judy says bylaws has nothing on this.

**Meeting Updates:** Judy, Sunday a.m. at the office meeting was concerned because down to 4 people. Susie: Monday night meeting has a core group of people and some newcomers now and then. Rochester, 7:30 Thursday, step meeting, needs help. Sue, Mon-Fri Ferndale, very strong, very healthy, good recovery. Verna: Wed., Unity, going well. Pamalar, Monday Detroit Unity, 6 p.m., nice core for BB study. Carol, St. Mary's Saturday 10 a.m., core group, going well. Also a Wed. evening meeting, good core group. Barbara: Sat. 10:30 Sinai meeting, BB, 3-5 people, need some support.

**Next Intergroup Meeting:** Saturday, Feb. 27, 2021 at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read  
Third Step Prayer was said  
Judy D. adjourned the meeting at 12:46 p.m.**

**Minutes submitted by Keri C.**