Overeaters Anonymous Greater Detroit Intergroup Meeting Minutes Feb. 26, 2022

Call to order

The regular OA Greater Detroit Intergroup Meeting was held Feb. 26 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

Roll Call

Board Members and Committee Chairs Present:

Pamalar, chair; Keri C., recording secretary; Barbara D., corresponding secretary; Carol U., newsletter; Susie Y., 12 Steps Within; Verna K, Helpline; Lynn H., treasurer; Pina B., webmaster.

Group Representatives and Guests Present:

Paula, Friday Ferndale; Carole Ann, Plymouth; Carol U., Saturday St. Mary's Livonia; Verna K., Surrender to Win Wed. night; Susie Y, Monday WB, 7 p.m.; Sharon H., Living the Solution; Irene, Garden City; Pina, Celtic Cross; Julie G., visitor.

Officer and Committee Chair Reports

Keri C., recording secretary: Minutes from Jan. 22, 2022 meeting were corrected and approved.

Pamalar B., chair: No report.

Vice chair: open position

Lynn H., treasurer: 1/31/2022

Cash

Checking: \$11,188.37 Savings: \$9,081.50 **YTD Contributions** Actual: \$5,152.40 Budget: \$7,000.35 (8 months)

YTD Net Income

Actual: (\$1,207.11) Overall expenses are under budget. Negative income due to income under budget and rent and phone paid one month in advance.

Julie G.: Any action to take because we are under budget? Lynn H.: We still have savings. We aren't collecting as much as budgeted; we knew we might be lower because of Covid. Can we recommend that people contribute? Recurring payments can be done on Paypal. Let's give out

that info at meetings and in Loveline. Verna K.: How much would closing the office save? \$600/month, per Lynn.

Barbara D., corresponding secretary: The Region 5 Spring Assembly is scheduled March 11-13 online. It's free and all OA members are invited as visitors; you do not need to be a Region 5 rep to attend. Up to 100 people can be accommodated.

The 2022 World Service Business Convention is virtual, set for April 22-30, 2022. Looks like 245 members have registered so far. Registration deadline for delegates is extended to March 31. Cost is \$175. The theme is "We Can Do Together What We Could Never Do Alone." Pamalar will register.

Standing Committees:

Bylaws: Position open.

Finance: Position open.

Verna K., Helpline: 1/20/22-2/22/22

- 6 calls inquiring about OA*
- 1 text inquiring about OA
- 4 wrong numbers (no messages left), spam/sales calls

*All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than I gave in our conversations. People new to OA were sent a "Where Do I Start" newcomer pamphlet.

Verna K., Literature: Verna submitted an inventory dated 2/23/22 (see emailed reports). Should she order more? Should we suggest going to Amazon or the OA website to get directly? Decided to save this for new business in March. Barbara thanked Verna for compiling the list.

Carol U., newsletter: The March/April issue of Loveline has been sent to the Board for review and was released Feb. 25 by email and on the website. Thanks to all who submitted an article for the last issue! The May/June deadline is April 10. However, recovery stories are welcome at any time. We have not been getting many local articles lately. Need them please. The theme for the next issue is: "An Attitude of Gratitude."

Thanks to Irene R. and Mara for their work. Please send articles to: Ilnewsletter.editor@gmail.com. Your article will be in whatever is the next upcoming Loveline.

Office manager: position open

PI/PO: position open

Region 5 rep (Pamalar): Pamalar will attend the Region 5 virtual spring assembly March 11-13. She sits on the finance committee.

Frank, Speaker/Sponsor List: no report sent out.

Susie Y. (substituting for Sue S.), 12 Step Within:

The 12 Step Within Committee is presenting an ongoing study of the 12 steps using the AA Twelve Steps and Twelve Traditions book. It is being held the 2nd Thursday of each month through Dec. 8, 2022 from 7-8 p.m. We will be presenting Step 3 on March 10. Please join us for one or more of these sessions. (Having the AA 12 and 12 book is helpful, but not necessary.) Check oagreaterdetroit.org (local events tab) for info on connecting to these sessions. Please note the following worldwide events:

o Today is Unity Day. Saturday, Feb. 26, 2022.

o Sponsorship Day is the 3rd weekend in August.

Keep in mind that your 12 Step Within Committee can help you host an event or workshop. If you would like our assistance, please call or text Sue S., at (248) 408-2340. Thanks to committee members Julie G. and Susie Y. Susie requested meeting announcements are made about events.

Pina, webmaster:

Website additions/changes (since my last report on 1/27/22)

- o Posted the following National Events:
- Tulsa step workshop
- Fellowship of Hope meeting President's Day Workshop
- 4 Unity Day meetings from around the country
- 12-Step workshop (Gold Coast Intergroup)

If requesting events be added to the website or for any changes to meetings: email barton_pa@sbcglobal.net with information.

<u>Old Business</u>: Annual audit needs volunteers for March. Sue S. volunteered; need one more, per Lynn. Pamalar volunteered.

<u>New Business</u>: Nominations for open positions: vice chair, office manager, finance, PI/PO and bylaws. Pamalar urged interested people look at the bylaws for requirements.

• Frank is still in the position as speaker/sponsor chair; need to decide in September when his term is up if he will continue.

• Carol U.: Requests that agenda be amended with correct start dates for officers. Pamalar will update her date.

• Do we need to let the office owner know we are thinking we might let go of our lease? Carol U: Need to discuss; lots of stuff to move out of there. Barbara: 2 copiers, a safe, records of past meetings, literature, etc. Pamalar: Let's discuss this in March. Lynn deals with the landlord; he has not increased our rent in years, she says. Add to new business in March.

Meeting Updates:

Paula, Friday Ferndale, attendance is good. **Carol U.**, Saturday St. Mary's Livonia, will remain virtual; **Verna K.**, Surrender to Win Wed. night, a strong meeting; **Susie Y.**, Monday WB, remain virtual; up to 14 people, with newcomers, too, from all over. Zoom is an advantage and will stay

virtual. **Pamalar**, Detroit Unity will remain virtual, small but consistent. **Carole Ann**, Plymouth Thursday a.m., good meeting, remains virtual. **Pina**, Celtic Cross, Sat., virtual, going strong, 20-25 people, open meeting on 5th Saturday of month; **Irene**, Garden City, virtual for the foreseeable future. **Lynn**, letter from Barbara B., stating Sat. meeting in Wyandotte closed. **Carole Ann**, Southgate meeting closed. She is moving Down River and will try to get things going there.

Next Intergroup Meeting: Saturday, March 26, 2022, at 11:15 a.m. after the Celtic Cross OA meeting.

Voices of Recovery and For Today were read. Third Step Prayer was said. Pamalar adjourned the meeting at 12:42 p.m.

Minutes submitted by Keri C.