Overeaters Anonymous Greater Detroit Intergroup Meeting Minutes Aug. 27, 2022

Call to order

The regular OA Greater Detroit Intergroup Meeting was held Aug. 27 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

Roll Call

Board Members and Committee Chairs Present:

Lynn H. (filling in for chair); Carol U., newsletter; Sue S., 12 Steps Within; Pina, webmaster; Lynn H., treasurer; Barbara D, corresponding secretary

Officer and Committee Chair Reports:

Keri C., recording secretary: Minutes from July 23, 2022 meeting were reviewed. There were no corrections; the minutes were approved as-is. Report given by Julie G. in Keri's absence.

Pamalar B., chair: No report.

Vice chair: open position

Lynn H., treasurer: 7/31/2022

Cash

Checking: \$10,769.17 Savings: \$9,082.25

YTD Contributions (2 month-budget)

Actual: \$1,800.81

Budget: \$1,716.67 \$84.14 (over budget)

Expenses: \$1,382.35

Budget: \$1,716.67 (\$334.32) (under budget)

YTD Net Income

Actual: \$418.46 Rent and phone paid through August

Barbara D., corresponding secretary: Just a reminder that elections are coming up in September at our next intergroup meeting. I would be happy to help anyone interested in assuming the Corresponding Secretary position.

Here are the duties:

- 1. shall write any letters required or requested by the Intergroup and/or Chair.
- 2. shall maintain current list of Officers, Committee Chairs, group representatives/alternates (IR), and secretaries of OA groups registered with GDI.
- 3. shall keep WSO informed of all changes of group information.
- 4. shall maintain WSO information forms as requested or necessary.
- 5. shall be responsible for distribution of updated meeting lists to group secretaries, Intergroup Officers, Info/Helpline Chair, Region V, and toll-free Helpline
- 6. shall serve as an active member of the Office Committee
- 7. shall sign on all accounts and be authorized to co-sign checks

Standing Committees:

Bylaws: Position open.

Finance: Position open.

Verna K., Helpline: 7/20/22 – 8/23/22

Report read by Julie G. in Verna's absence.

6 calls inquiring about OA

1 Text inquiring about OA

17 Wrong numbers or no message left, sales/spam calls*

All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than Verna gave in conversations. People new to OA who gave their address were sent a "Where Do I Start" newcomer pamphlet.

Verna K., Literature: 7/20/22 - 8/23/22

Report read by Julie G. in Verna's absence.

No change in literature supply from last month. There were no literature sales this month, but one is pending.

I went to the office on 8/23. There was a minimal amount of mail that had been put under the door since last month. There were no donations, a couple of pieces of "junk" mail and three pieces of OA mail (two bank statements and the insurance bill), which have been discussed with our treasurer, Lynn H.

Carol U., newsletter: The September/October issue of Loveline is now in production and will be released after reviews and edits.

We are always looking for Recovery stories. The deadline for the November/December issue is October 10. However, recovery stories are welcome at any time. The theme for the next issue is: "Practice these Principles in all our Affairs"

We have not been receiving many local article contributions for the last few issues. There's lots of recovery in the Detroit Area Intergroup. Please share in *Loveline*.

Thank you to Irene and Mara for all your contributions and talent on the Loveline Committee.

My 2 two-year terms are up, so the Loveline Chair position is "Open" in September.

Please send articles to: Ilnewsletter.editor@gmail.com. Your article will be in whatever is the next upcoming Loveline.

Office manager: position open

PI/PO: position open

Region 5 rep, Pamalar: No report

Frank, Speaker Sponsor List: Read by Pamalar. Will email report. There are no changes from what was updated July 21, 2022, and has been posted on our website for the past month.

Sue S., 12 Steps Within: Please join us on Thursday, September 8, 2022, from 7-8 pm as we continue our ongoing step study using the AA 12 and 12 book. We will be on Step 9. These studies are generally held on the 2nd Thursday of each month through December 2022. Go to our local website: oagreaterdetroit.org for info under the local events tab.

If your OA group would like an event hosted at your meeting and would like our assistance, please call or text me, Sue S., at 248 408-2340.

If you would like a service position that is very interesting and fulfilling, there will be an opening for the 12 Step Within Chair in September.

Please note the following from our Bylaws.

Article VIII – Committees

Section 2 – Committee Chairpersons

A. After a new Intergroup chair is elected, the chair shall appoint chairpersons for all standing committees, pending the acceptance of the position by the appointee; and pending approval of the appointment by the Intergroup.

- B. All committee chairpersons shall attend all regular Intergroup meetings.
- C. All committee chairpersons shall hold committee meetings as needed.
- D. Each committee shall submit a written budget request to the Finance Committee one month prior to the budget meeting for the coming year.
- E. All receipts for reimbursement from a committee must include date, item, and be signed by committee chair before payment can be made.
- F. Term of service shall be two years beginning and ending with election meeting of the Chair.
- G. An abstinence requirement of one year, to be the Chair of a Standing Committee, will be effective July 15, 2014.

Section 5 – Standing Committees and their Duties

- L Twelve-Step-Within
- 1. Shall be responsible for developing activities focusing on recovery for OA members.
- 2. Shall lend assistance to groups for developing activities.
- 3. When asked, shall lend assistance to any meeting needing to increase attendance.

If this is something that you would like to pursue, please contact Pamalar, our Intergroup Chair.

Pina, webmaster: Read by Sue S. in Pina's absence.

Website additions/changes (since my last report on 6/25/22)

- •Updated Sunday night Ascension Hospital 6:30 pm meeting to be In-Person only
- Added information on main page about who to notify to post meeting changes
- Posted Approved May 2022 Intergroup Meeting Minutes
- Posted Notice for 8/27/22 Intergroup monthly meeting
- Posted latest speaker/sponsor list dated July 22, 2022

Requesting events be added to the website or for any changes to meetings, please send me an email: barton pa@sbcglobal.net with information.

My two-year term as webmaster will be ending Sept 2022. I have been honored to fill this position. I would be happy to train a new person who is interested in this service opportunity. If no one is interested in taking on this role, I am willing to continue for another term.

Old Business: None.

New Business:

Lynn H – The signature cards for the checking account need to be updated. Will hold off until elections as new officers will need to be added to the cards.

Region 5 Convention is Sept. 16-18, will be virtual, registration info on oagreaterdetroit.org and region 5 website at https://www.region5oa.org.

Officer and Elections discussion as follows:

Pamalar B. stepped down from Chair.

Elections for the following positions will be held in Sept.:

Chair, Vice Chair, ByLaws, Finance, Treasurer, Corresponding Secretary, Office Manager, PI/PO, NewsLetter Chair, 12 Step Within Committee Chair, Webmaster.

Additional positions and term information as follows; NewsLetter Chair (Carol U.) is stepping down this Sept., Recording Secretary term up Sept. 2023, Speaker/Sponsor term up Sept. 2023 Lynn H. remark – term dates need to be update on agenda.

Discussion: IG agenda dates need to reflect when someone took over a term and when actual term is up.

Barbara will Chair the Sept. meeting and the Elections.

Actions: Keri and Barbara to review position dates on IG agenda and update, if necessary.

Meeting Updates:

Paula, Friday Ferndale doing well. Monthly group conscience.

Irene, Saturday Garden City. Continuing and welcome new members.

Carol, St. Mary's. Going well. Quite a few newcomers and they have been retuning. Group conscience meeting is Sept. 24. All are welcome.

Lynn H., Grand Blanc Saturday. Still in-person. 5-6 regulars, some newcomers, meeting going well.

Barbara D., Detroit Unity Monday. This is a Big Book meeting. Going well.

Next Intergroup Meeting: Saturday, Sept. 24, 2022, at 11:15 a.m. after the Celtic Cross OA meeting.

Voices of Recovery and For Today were read. Third Step Prayer was said. (p. 30 BB) Lynn H. adjourned the meeting at 12:42 p.m.

Minutes submitted by Julie G.