

**Overeaters Anonymous  
Greater Detroit Intergroup  
Meeting Minutes  
June 26, 2021**

**Call to order**

The regular OA Greater Detroit Intergroup Meeting was held June 26 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read. Vice chair Pamalar led in Judy's absence.

**Roll Call**

**Board Members and Committee Chairs Present:**

Pamalar, vice chair; Keri C., recording secretary; Carol U., newsletter; Lynn H., treasurer; Sue S., 12 Steps Within; Verna, Helpline.

**Group Representatives and Guests Present:**

Carol U., Saturday St. Mary's Livonia; Verna, St. John's Wed. night; Carole T., Thursday Plymouth; Paula, Friday Ferndale; Susie, Monday WB; Irene, Garden City, Saturday. Makeda, visitor.

**Officer and Committee Chair Reports**

**Keri C., recording secretary:** Minutes from May 22, 2021 meeting were corrected and approved.

**Judy D., Chair:** I have registered for the July 17, 2021 Region 5 Summer Conference. I also plan on attending the October Region 5 Convention.

**Pamalar B., vice chair:** No report.

**Lynn H., treasurer**

**5/31/2021**

**Cash**

Checking: \$11,368.48

Savings: \$9,081.12

**YTD Contributions**

Actual: \$10,135.51

Budget: \$10,500

**YTD Net Income**

Actual: \$644.97

Spring retreat has \$2,695 set aside for scholarships. No deposit yet at Colombiere.

**Barbara D., corresponding secretary:** I have been updating the virtual and face-to-face meeting list as things change. I will send out changes as I receive them. To be added to our email list, contact us by email at [gdi.cor.sec@gmail.com](mailto:gdi.cor.sec@gmail.com).

Info from Region 5 Secretary Joel: Region 5 2021 Convention will be Oct. 2-3, 2021, hosted by Central Ohio Service Intergroup via Zoom. The theme is “Many Voices, One Solution.” The event will celebrate recovery across the diversity of compulsive eating behaviors, disease manifestations, personalities and beliefs. The following topics will be explored through speakers, panels and workshops: 12 Steps of OA, The Principles, Abstinence through Action, Sponsorship, Acknowledging and Accepting Emotion, Many Journeys to Recovery, Diversity in Lifestyle and Community, and Experience, Strength and Hope.

To register: <https://oaregion5.regfox.com/region-5-2021-convention>

The Rochester Monday Night meeting is hosting a Fall Retreat meeting at 7 p.m. June 28. They are asking for help; call Nicki or Kendra for more information.

### **Standing Committees:**

**Bylaws:** No report. Position open.

**Finance Position:** No report. Position open.

**Verna K., Helpline:** From May 19-June 22:

- 10 calls inquiring about OA\*
- 8 wrong numbers/spam calls

\*All callers/texts inquiring about OA referred to [oagreaterdetroit.org](http://oagreaterdetroit.org) for more information than I gave in our conversations. People new to OA were sent a “Where Do I Start” newcomer pamphlet.

**Cyndi K., literature/office:** not present

**Carol U., newsletter:** The July August issue of Loveline will be released as soon as possible after all reviews are completed. Thank you to everyone who submitted an article! Thanks to Mara (Loveline Committee member) for designing and formatting the newsletter.

We are always looking for Recovery articles. The deadline for the Sept.-October issue is Aug. 10. However, recovery stories are welcome at any time.

Please send to [lnewsletter.editor@gmail.com](mailto:lnewsletter.editor@gmail.com). Your article will be in the next upcoming Loveline.

**PI/PO:** Bobbi S. Not present.

**Judy/Region 5 rep:** Region 5 convention: Oct. 2-3. It will be virtual, hosted by the Central Ohio Service Intergroup. More information will be posted.

Beginning May 16, the Big Book Newcomers and Returning Members Meeting is held at 7:15 p.m. EST every Sunday. Zoom 571-680-7989 Password 545069.

**Frank A., speaker sponsor:** not present

**Sue S., 12 Steps Within:**

The Southfield Office 9:30 am Sunday meeting hosted the 12 Step Within Committee in presenting “Let’s Go from Talking to Walking.” Three speakers shared on Steps 1, 2, and 3 and how they implement these steps in their lives in a real, practical way. This program was on Sunday, June 6 from 9:30-11 a.m. by phone.

A Summer Recovery Series titled “Recovery is Progressive” will be held on the 2nd Mondays of July, August and September. This is hosted by the Monday 7-8 p.m. virtual West Bloomfield meeting. July 12-Step 10, Aug. 9-Step 11 and Sept. 13- Step 12. There will be a speaker and sharing at each event.

You will be able to find this and future events on our website at [oagreaterdetroit.org](http://oagreaterdetroit.org).

Our Intergroup Corresponding Secretary, Barbara D., sends out the flyers regarding these events. If you are not currently getting the flyers, contact Barbara at [gdi.cor.sec@gmail.com](mailto:gdi.cor.sec@gmail.com) to be put on her mailing list.

If your group would like to host an event or workshop and would like some assistance please call or text me, Sue S., at (248) 408-2340.

**Pina, webmaster:** not present

**Old Business:** none

**New Business:**

- Carol U: My term was up in May. I am willing to continue as Editor until we get a replacement. The July-August Loveline lists all the OPEN positions: Treasurer, Bylaws, Loveline and Finance. On page 8, should my name and phone number continue to be listed OR changed to “Open”? Decision: Carol has resigned, so make it OPEN in Loveline. After some discussion, the decision was to have Pamalar talk to Barbara about sending out info about open positions, job descriptions and qualifications, and then to pass the information to Pina to post and update on the website.

**Meeting Updates:**

- Susie – Monday 7 p.m. WB meeting continues to be a virtual meeting until further notice. All is well!
- Susie — Wednesday Birmingham/Bloomfield – members are exploring face-to-face meeting. Vote was 7 to stay virtual, 4 face-to-face (those people are exploring meeting Monday afternoon). Might split into 2 meetings. 10 a.m. will stay virtual.

- Verna – Wednesday St. John meeting is a combo of two meetings. In the last month or so, the original group was not coming any more. Now one small meeting, with about 6 people. I reached out to people from first meeting, appears they are not coming back. This meeting will remain virtual.
- Paula – Friday Ferndale – trouble getting speakers, need group conscience to discuss.
- Carol U – St. Mary’s Livonia, Sat. We will be virtual until fall, when meeting rep will meet with the hospital rep.
- Irene, Garden City Saturday, continues as telephone meeting for the future. Small but steady.
- Carole – Thursday Plymouth — Staying virtual for the time being. Pastor of church will let us know about availability. A member is checking to see before next meeting. Willing to go face-to-face.

**Next Intergroup Meeting:** Saturday, July 24, 2021, at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read.  
Third Step Prayer was said.  
Pamalar adjourned the meeting at 12:30 p.m.**

**Minutes submitted by Keri C.**