

**Overeaters Anonymous  
Greater Detroit Intergroup  
Meeting Minutes  
June 25, 2022**

**Call to order**

The regular OA Greater Detroit Intergroup Meeting was held June 25 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

**Roll Call**

**Board Members and Committee Chairs Present:**

Pamalar, chair; Keri C., recording secretary; Carol U., newsletter; Sue S., 12 Steps Within; Pina, webmaster; Verna K, literature and helpline.

**Group Representatives and Guests Present:**

Carol U., Saturday St. Mary's Livonia; Carol Ann, Thurs. Plymouth; Verna, Monday, The Shul, and Wednesday Living in the Solution. Pina, Sat. 10 a.m. Celtic Cross; Julia G., visitor; Verna, Wed. Surrender to Win Too.

**Officer and Committee Chair Reports:**

**Keri C., recording secretary:** Minutes from May 28, 2022 meeting were corrected and approved.

**Pamalar B., chair:** I will be attending Region Summer Conference July 16, 2022, this is a virtual conference no cost. Also, Lynn H. and ~~Lynn H.~~ informed me they will not be able to attend the June GDI meeting. Reports for June will be presented in the GDI meeting on July 23, 2022. August is sponsor month – proposal to make it the entire month; decided each group could come up with their plan. Lot of support out there for us to use.

**Vice chair:** open position

**Lynn H., treasurer:**

**Report will be given at the July 23 meeting.**

**4/30/2022 (10 months)**

**Cash**

Checking: \$10,257.66

Savings: \$9,082.02

**YTD Contributions (9 months-budget)**

Actual: \$6, 876.00

Budget: \$9, 625.00 (\$2,749.00) (under budget)

**Expenses:** \$9,248.32

**Budget:** \$9,625.00 (\$376.68) under budget

**YTD Net Income**

**Actual:** (\$2,372.32.94) Rent and phone paid through June.

**Barbara D., corresponding secretary:** Sunday 7 p.m. meeting at Crittenton began in person effective June 5 and will be a hybrid for the month. Then in-person only. (Nicki T)

Changed the time for Sunday OA mtg at Ascension Providence in Rochester from 7p.m. to 6:30. I sent information to our Webmaster and made change to OA.org. Contact Nicki: 248-464-5896.

Surrender to Win Too OA Meeting on Wednesday 7:30 p.m. and Surrender to Win Saturday 10 a.m. Zoom ID 3175864869/phone number 301-715-8592. FYI: There is a passcode now: 10111949. Immediately admitted without need to be let into the room. Made the changes to OA.org. Contact Dale J: 248-520-2309

Rochester Monday night 7:30 p.m. is back in person. They are doing hybrid so will continue with Zoom, too. Made change to OA.org.

### **Standing Committees:**

**Bylaws:** Position open.

**Finance:** Position open.

**Verna K., Helpline:** 5/26/22 – 6/21/22

- 3 calls inquiring about OA
- 0 texts inquiring about OA
- 12 wrong numbers or no message left, sales/spam calls

\*All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than Verna gave in conversations. People new to OA who gave their address were sent a “Where Do I Start” newcomer pamphlet.

**Verna K., Literature:** 5/26/22 – 6/21/22 No change in literature supply from last month. I have not gone to the office yet, as expected last month, to get more “Where Do I Start” pamphlets to have readily available at my home.

**Carol U., newsletter:** The July/August issue of Loveline was released May 1. Thanks to all who submitted an article for the last issue! We are always looking for Recovery stories. The deadline for the Sept./Oct. issue is Aug. 10. However, recovery stories are welcome at any time. The theme for the next issue is “What 12 Step Slogan/Saying means the most to you?”

We have not been receiving many local articles for the last few issues. There is much recovery in the Detroit-area Intergroup. Please share in Loveline.

Thanks to Irene and Mara for all your contributions and talent on the Loveline Committee. Please send articles to: [llnewsletter.editor@gmail.com](mailto:llnewsletter.editor@gmail.com). Your article will be in whatever is the next upcoming Loveline.

Note: My term is up, after four years, so in September, the position will be open.

**Office manager:** position open

**PI/PO:** position open

**Region 5 rep, Pamalar:** Submitted a detailed report. See it on the website under documents tab.

**Frank, Speaker Sponsor List:** The Speaker Sponsor report included a sheet listing current speakers/sponsors. This will be uploaded to the website. Please report any updates or changes to Frank A, Speaker/Sponsor Chair 810-813-1167 (voice or text).

**Sue S., 12 Steps Within:**

On Thursday, July 21, from 7-8 p.m., we will continue our ongoing step study. We will be on Step 7. This is a study of the steps each month through December 2022 by using the AA 12 and 12 book. You need not be at every step study to partake in this. Having the AA 12 and 12 book is helpful but not necessary. These studies are generally held on the 2nd Thursday of each month. Go to our local website: [oagreaterdetroit.org](http://oagreaterdetroit.org) for info on connecting to these events under the local events tab.

Sponsorship Day is celebrated worldwide on the 3rd weekend in August.

You can check out Region 5's website, [region5oa.org](http://region5oa.org), for upcoming Sponsorship workshops. In September, my term as 12 Step Within Chair will end. I do not intend to pursue a second term. If you are interested, the only requirement is 1 year of abstinence, please contact Pamalar, our Intergroup Chair. If you have any questions regarding this position don't hesitate to call me at 248-408-2340.

If your OA group would like an event hosted at your meeting and would like our assistance, please call or text me, Sue S., at 248-408-2340.

**Pina, webmaster:** Website additions/changes (since 4/23/22).

- o Posted May/June 2022 Loveline
- o Updated speaker/sponsor list (most recent is 6/16/22)
- o Posted Relapse Prevention Workshop on June 5, hosed by the OA Virtual Intergroup
- o Added passcode and changed phone number for Surrender to Win Too! on Wednesday and Surrender to Win on Saturday.
- o Updated Sunday evening Ascension Hospital meeting to in-person and hybrid during June (and updated time). Will move to in-person only in July.
- o Posted July 4 Freedom Event hosted by OA LA Intergroup

o Posted Approved March Intergroup Meeting Minutes  
o Added July 23 intergroup meeting to local events  
Requesting events be added to the website or for any changes to meetings:  
Send me an email with information to barton\_pa@sbcglobal.net.

**Old Business:** **Keri C.** opened a discussion on how to get Intergroup open positions filled. She suggested posting on the website and in again Loveline, listing responsibilities and requirements. Also, to talk about it in meetings. **Pina B.** said it's hard to get volunteers at the Saturday Celtic Cross to just do readings, much less to lead the meeting. It's a concern. She was pushed by a sponsor to do service and suggested we contact sponsors to have them help us remind sponsees how important service is. **Pamalar** says it's a region-wide concern. She suggested possibly reducing amount of abstinence time required. She also thought we could push this during Sponsor Month from 12 Steps Within? She was willing to host a Zoom meeting about serving on the board as officers or on committees, and said she could write something for Loveline. **Julie G.** liked the idea of reaching out directly to sponsors to encourage their sponsees to serve. Very effective if handled personally. She wants to move forward with that, and suggested divvying up the list list and making personal calls? **Pamalar** said she understands the urgency. She said she would write something to distribute to the membership and will talk with Sue about doing something from 12 Steps Within and also look at Speaker/Sponsor list. **Pina** offered to send out a sponsor phone list and a sign-up sheet so people could call 4 people personally to talk about Intergroup service.

**New Business: None**

**Meeting Updates:** Carol U., Saturday St. Mary's Livonia, status quo, nothing from hospital about going back in person; Carole Ann, Thurs. Plymouth, continuing as a call-in, fewer people during summer; Verna (for Susie Y.), Monday, The Shul, and Wednesday Living in the Solution, both going well and still virtual. Pina, Sat. 10 a.m. Celtic Cross, need to find a rep and volunteers for things within the group, still have about 15 people, consistent, still virtual; Verna, Wed. Surrender to Win Too, doing very well, average 8-12 people. Pamalar: Monday Detroit Unity – 4-8 people, pretty strong, will remain virtual. (Carol asked if Pina could add her own contact and Barbara's on the website.)

**Next Intergroup Meeting:** Saturday, July 23, 2022, at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read.  
Third Step Prayer was said. (p. 30 BB)  
Pamalar adjourned the meeting at 12:40 p.m.**

**Minutes submitted by Keri C.**

