

**Overeaters Anonymous
Greater Detroit Intergroup
Meeting Minutes
Sept. 24, 2022**

Call to order

The regular OA Greater Detroit Intergroup Meeting was held Sept. 24 as an online/telephone meeting. The meeting began at 11:18 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

Roll Call

Board Members and Committee Chairs Present:

Carol U., newsletter; Sue S., 12 Steps Within; Verna K., literature and helpline; Lynn H., treasurer and filling in for chair; Keri G., recording secretary; Barbara, corresponding secretary. Meeting Reps: Paula, Friday Ferndale; Irene, Sat. Garden City; Verna, Wednesday, Surrender to Win Too, Carol U., Saturday, St. Mary's Hospital. Visitors: Pam H., Makeda and Julie G.

Officer and Committee Chair Reports:

Keri C., recording secretary: Minutes reviewed from Aug. 27, 2022. There were no corrections; the minutes were approved as-is.

Chair: open position

Vice chair: open position

Lynn H., treasurer:

8/31/2022

Cash

Checking: \$9,026.79

Savings: \$9,082.25

YTD Contributions (3 month-budget)

Actual: \$2,000.81

Budget: \$2,575.00 (\$574.19) (under budget)

Expenses: \$3,324.73

Budget: \$2,575.00 \$749.73 (over budget)

YTD Net Income

Actual: (\$1,323.92) Rent and phone paid through October

Barbara D., corresponding secretary: I've been privileged to serve this intergroup as corresponding secretary. Thank you for allowing me to serve. Together we get better!

Standing Committees:

Bylaws: Position open.

Finance: Position open.

Verna K., Helpline: 8/24/22 – 9/20/22

- 3 calls inquiring about OA
- 0 Texts inquiring about OA
- 11 Wrong numbers or no message left, sales/spam calls
- 1 call to help a member connect with another member who drove her to a meeting

All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than Verna gave in conversations. People new to OA who gave their address were sent a “Where Do I Start” newcomer pamphlet.

Verna K., Literature: 8/24/22 – 9/20/22

Sold one OA 12 Steps and 12 Traditions. Money sent to treasurer.

Carol U., newsletter: The September/October issue of Loveline was released on Aug. 31. We are always looking for Recovery stories. The deadline for the November/December issue is October 10. However, recovery stories are welcome at any time.

The theme for the next issue is: “Practice these Principles in all our Affairs” There’s lots of recovery in the Detroit Area Intergroup. Please share in Loveline.

Thank you to Irene and Mara for all your contributions and talent on the Loveline Committee.

Please send articles to llnewsletter.editor@gmail.com. Your article will be in whatever is the next upcoming Loveline.

The last issue ends my 2 two-year terms as Loveline Chair. It has been a pleasure to do service. I have learned a lot and hope the Loveline has been beneficial to many people’s recovery. I will still be available to serve on the committee.

Office manager: position open

PI/PO: position open

Region 5: From Keri E., Region 5 secretary: Remember to reserve your hotel room VERY SOON by clicking this link: [Reserve Hotel Room](#) or by calling the hotel directly at 1-888-728-3027 and referencing the group code “OVER22.” The early-bird discount rate is \$129 for King or a Double. **Please try to make your reservations by Sept. 28, 2022, to get the discounted rate** (which will give Region 5 credit toward the cost of the meeting rooms). The special room rate will only be available until Sept. 28 or until the group block is sold out, whichever comes first. After that date, room rates may vary. *If you need any further information or assistance with hotel reservations, you may contact Hotel Liaison Mike B. at mburns17@yahoo.com or Keri E. at R5Secretary@outlook.com.*

You may discover there are better rates at this hotel, but please make sure you either use the above link or the group name when you call. You will find detailed information in the document at this link: [Hotel Information](#).

Frank, Speaker Sponsor List: No written report.

Sue S., 12 Steps Within: Please join us on Thursday, October 13, 2022 from 7-8 p.m. as we continue our ongoing step study using the AA 12 and 12 book. We will be on Step 10. These studies are generally held on the 2nd Thursday of each month through December 2022. Go to our local website, oagreaterdetroit.org, and look for these events under the local events tab.

If you would like a service position that is very interesting and fulfilling, there is an opening for the 12 Step Within Chair at this month's meeting.

Here is a summary of the requirements of Chairperson of a Committee:

- Attend regular Intergroup meetings.
- Hold committee meetings as needed.
- Submit a written budget request one month prior to the Budget meeting for the coming year.
- Submit receipts for any expenses.
- Term of service shall be two years. (This can be renewed for another term.)
- An abstinence requirement is one year.

Here is a summary of the duties of the 12 Step Within Chair:

- Be responsible for developing activities focusing on recovery for OA members.
- Lend assistance to groups for developing activities.
- When asked, shall lend assistance to any meeting needing to increase attendance.

If this is something that you would like to pursue, please advise the Intergroup at the New Business portion of this meeting.

Pina, webmaster: No written report.

Old Business: None.

New Business: Election of officers and appointment of new committee chairs. Call for nominations. None. Barbara volunteers for bylaws. Irene volunteers for newsletter chair. Sue S. offers to chair 12 Steps Within committee through Dec. Diana Lee volunteered to serve on 12 Step Within Committee.

Discussion followed about need for officers and face-to-face meetings at the office, including Intergroup meetings.

Lynn H. spoke about holding face-to-face Intergroup meeting and other meetings, too, and using the office as a meeting place. She fears losing participation and the basis of our fellowship by only being remotely connected. She suggested we use the office before we make any decision not to keep it. Suggested we come back next month and discuss. Need to think about how to improve things for the future.

Barbara said we need officers, chair, vice chair, corresponding secretary. That's our charge with

Tradition 9. Duties aren't really that huge. We have a format, a check-off situation as we go through a meeting. Chair doesn't even vote, except in a tie. We know God is involved in the decisions. Wish we could get someone (who has not done the job already) to step up and be chair.

Keri suggested looking at bylaws and abstinence requirements. **Barbara** said if we lower it, we can't send anyone to vote at region or WSO. That's what they are calling for.

Sue said we are searching for people to step up, anyone interested without the abstinence requirement?

Paula said it might be good if people interested in serving attend IG meetings.

Verna said she has been thinking about serving. She has a lot going in her life, but she's talking with her sponsor and praying about it. Will continue to consider it.

Sue: One board requirement is having connection with IG as rep or committee for previous year. Let's encourage people to come as a rep.

Meeting Updates: (AND DISCUSSION OF IN-PERSON AND VIRTUAL)

Paula: Friday Ferndale. We have a monthly group conscience the first Friday monthly. No talk yet about face-to-face.

Irene R: Saturday, Garden City. Telephonic with a steady core. Will raise topic of in-person.

Carol U: St. Mary's, Sat. group conscience today, not sure of decisions. Hospital requiring a lot because of Covid. Going very well. Great participation and recovery.

Lynn H.: Grand Blanc Saturday. Still in-person, going well. Some newcomers, seems that they are more attracted to program when they can see faces. Remark: I am call person and had someone ask for in-person meetings because he was tired of virtual.

Barbara D.: Detroit Unity Monday. This is a Big Book meeting. Going well.

Verna: Wed., Surrender to Win Too, still virtual, Sept. 28 group conscience. Going well.

Julie: Mon. WB, will take back to group the idea of face-to-face. Small but committed. Going well. Remark: Heard comments about wanting face-to-face, but also understand staying virtual. I like the ability to be online globally. When a person asks for in-person, I suggest they create a meeting. The office is available, but need a key to get in. Logistics. Do we know if there are any requirements regarding Covid clean-up?

Sue: Wanted to report that Monday Ferndale had a Zoom bomber, first on phone, then he innocently talked. We all got off and back on – he did, too. He did expose himself. Group conscience is considering having a host to curtail that. It is happening and unsettling.

Makeda: Comment: We are here for recovery and to save our lives. Willing to go to any lengths – to an in-person meeting. Can start a meeting. Virtual here forever. Will give my key up.

Barbara: Marathon meeting for Thanksgiving at the office?

Paula: If a meeting starts at the office, I would volunteer to chair once a month at the office.

Barbara says she would do a week a month, too.

Lynn: Worth trying test meetings. Paying for the office, might as well use it.

Irene: Could put something in Loveline saying the office is open for in-person meetings. (Lynn will put something together.)

Next Intergroup Meeting: Saturday, Oct. 22, 2022, at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read.
Third Step Prayer was said. (p. 63 BB)
Lynn H. adjourned the meeting at 12:42 p.m.**