

**Overeaters Anonymous
Greater Detroit Intergroup
Meeting Minutes
Sept. 25, 2021**

Call to order

The regular OA Greater Detroit Intergroup Meeting was held Sept. 25 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

Roll Call

Board Members and Committee Chairs Present:

Pamalar, vice chair; Keri C., recording secretary; Barbara D., Corresponding secretary; Carol U., newsletter; Lynn H., treasurer; Sue S., 12 Steps Within; Verna K, Helpline; PI/PO, Bobbi.

Group Representatives and Guests Present:

Diana Lee M., Saturday Warren IAAM; Carol U., Saturday St. Mary's Livonia; Verna K., Surrender to Win Wed. night; Susie, Monday WB; Georgette, Monday night, Unity; Mary Brooks, general member.

Officer and Committee Chair Reports

Keri C., recording secretary: Minutes from Aug. 28, 2021, meeting were corrected and approved.

Judy D., Chair: No report, not present.

Pamalar B., vice chair: I've made telephone calls to Judy's home line, no answer; left voicemail Tuesday 9/21/2021. Called cell phone number, was informed this is incorrect 734-755-4696. Sent an email as well. If anyone has any info, I think it would be great to send a card from the group. At present, we will proceed as planned with elections and I will chair the meeting.

Lynn H., treasurer:

8/31/2021

Cash

Checking: \$9,806.42

Savings: \$9,081.50

YTD Contributions

Actual: \$1,330

Budget: \$2,625 (3 months)

YTD Net Income

Actual: (\$1,818.06) Rent and phone are paid in advance through Oct.

Barbara D., corresponding secretary: I reviewed the Loveline for tradition breaks on Aug. 28, and emailed it to our membership on Aug. 30. The Loveline really looks good, thanks to everyone who works on it. I continue to send out, via email to our membership, all our flyers from Twelve Step Within. Design for Living Workshop Oct. 2, 2021. The Region 5 Assembly (virtual) is coming up on Oct. 29-31. Registration closes Oct. 15, 2021. Visitors are welcome but you must register. It's FREE. Livonia 8 a.m. Meeting is face to face. The address is 28660 Five Mile, Livonia at Unity Church. The contact is Denise (734) 502-0685.

Standing Committees:

Bylaws: No report. Position open.

Finance Position: No report. Position open.

Verna K., Helpline: 7/21/21 - 8/24/21

- 6 calls inquiring about OA*
- 1 call needing literature. I gave her Cyndi's number.
- 1 call from a newly returning member who wants to donate a small amount of money using the 60/30/10 split. She is sending it to the Southfield office.
- 6 wrong numbers/spam/sales calls

*All callers/texts inquiring about OA referred to oagreaterdetroit.org for more information than I gave in our conversations. People new to OA were sent a "Where Do I Start" newcomer pamphlet.

Cyndi K., literature/office: not present, no report given.

Carol U., newsletter: The Sept/Oct issue of Loveline was released Aug. 28. Thank you to everyone who submitted an article! Thanks to Mara (Loveline Committee member) for designing and formatting the newsletter.

We are always looking for Recovery articles. The deadline for the November/December issue is Oct. 10. However, recovery stories are welcome at any time. Please send articles to: llnewsletter.editor@gmail.com. Your article will be in whatever is the next upcoming Loveline.

I am very happy to report that Irene R. has joined the Loveline committee! I'm sure Mara, Irene and I will make a good Loveline Committee team.

PI/PO: Bobbi S.: I have been researching ways we can reach potential members by publicizing our fellowship. Thus far, they fall into these categories:

1. Newspapers (Event calendars, interviews, articles).
2. Radio and Television through public service announcements

3. Distribution of public information brochures to medical providers, senior centers and community centers as a beginning point.
4. Sponsoring an outreach virtual event for medical and mental health professionals right after the holidays.
5. Forming a committee to help move these suggestions forward. (Those interested can contact Bobbi: bobbiann427@yahoo.com or (313) 377-2371).

I have secured information regarding C&G Community Papers. I have been in touch with ABC WXYZ Channel 7 and NYD Channel 20 to do a public service announcement. This would be off prime time (middle of the night) and for 15 or 30 seconds. We would need to create our own video segment to save money. I am waiting for a quote. It may also be possible to secure a radio interview with WDET public radio and/or a public service announcement. I am also waiting to hear back from them. If members have contacts at any media outlet, please let me know. We can also order Public Information packets and have an OA website stamp. Our current budget is \$100. This is an informational report and there will be requests for additional funds that realistically meet our Public Information needs.

Judy/Region 5 rep: not present, no report.

Frank, Speaker Sponsor List: I have no revision to the Aug. 26, 2021 list, which is posted on the website. If anyone has a question, including the correctness or completeness of any information shown (or not shown), please do either or both of the following: (1) if it's your information, send me your correction or update, and (2) if not your information, please send me a note regarding it or feel free to contact the person and ask them to send me an update or correction. email: frank@windrush.bz or text: (810) 813-1167.

Sue S., 12 Steps Within:

The third of the 3 Summer Recovery Series was held on Sept. 13, 2021. The speaker shared her experience, strength and hope on Step 12 and how she practiced it in her life. There was good attendance at this meeting and lots of good sharing. Again, we would like to thank the West Bloomfield Monday night virtual meeting for hosting these events.

The 12 Step Within Committee will be presenting a virtual Fall Retreat. It will be held on Sunday, Oct. 24, from 10 a.m.-3 p.m. This all-day retreat will focus on the Tools of our Program. There will be speakers, writing and sharing.

Remark from Bobbi – Really appreciated workshops. Kudos to the committee.

If your group would like to host an event or workshop and would like some assistance, please call or text me, Sue S., at (248) 408-2340.

Pina, webmaster: New meetings and events have been added. Minutes have been posted as well as the Speaker Sponsor List (updated 8/26/21) and September/October Loveline. Also, updated a number of meeting changes.

To add an event: Please send email to barton_pa@sbcglobal.net, provide the information in the body of the email or a PDF (or word doc) instead of an 'image' (picture). If there is a virtual meeting link (like zoom) include all details including link, if possible. Send a flyer, if one exists.

To request meeting updates: Some meetings have started to meet in person again. Some are replacing virtual meetings, some are in addition to virtual meetings. Please send me an email to the above address with updates.

- Also, the meeting list may need to be updated. Send updates to Barbara D. to update the meeting list. Barbara D. says to call listed contacts ahead about meetings. She can update the contacts.

Old Business: none

New Business:

- Open nominations for Treasurer and Vice Chair position to be voted on in Sept. There were no nominations for vice chair. Pamalar said she accepts the two-year position as vice chair, with option to end after one year if someone is interested.

Treasurer position: no nominations. According to by-laws, Lynn cannot do it again.

Lynn: As you know, my term as treasurer ends this month. The treasurer's position requires a time commitment that many volunteers cannot give. This position is an important part of our organization, it cannot be left open. Our by-laws currently do not allow me to continue as treasurer. I am proposing we make changes to the by-laws to allow the treasurer's position to continue as a paid position without a set term of office.

I am willing to continue as treasurer with a small payment of \$50 monthly. This would add \$600 a year to our budget. I am including the proposed changes to the by-laws in my written report.

There was discussion about additional funds and whether they can be used for this \$600.

Answer is yes.

Pamalar – can we do a new bylaw – bigger issue? No bylaw chair now. Who? Sue: It's our bylaws. We can decide. Lynn has laid it out very well. We can vote today.

Susie: Motion: Accept everything Lynn suggested to change in bylaws == pay \$50/month to Lynn for position. And accept the bylaws changes. Barbara seconded. Starts today if passed. Passed unanimously. Barbara will make the changes to the bylaws. Thanks to Lynn for all her work. (Diana Lee)

Discussed Columbiere \$1,000 fee – voted to request it be returned.

Meeting Updates: **NO TIME FOR UPDATES AT THIS MEETING.**

Next Intergroup Meeting: Saturday, Oct. 23, 2021, at 11:15 a.m. after the Celtic Cross OA meeting.

Voices of Recovery and For Today were read.
Third Step Prayer was said.
Pamalar adjourned the meeting at **12:51 p.m.**

Minutes submitted by Keri C.