

**Overeaters Anonymous
Greater Detroit Intergroup
Meeting Minutes
April 24, 2021**

Call to order

The regular OA Greater Detroit Intergroup Meeting was held April 24, 2021 as an online/telephone meeting. The meeting began at 11:15 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

Roll Call

Board Members and Committee Chairs Present:

Judy D., chair/region rep; Pamalar, vice chair; Barbara D., corresponding secretary; Keri C., recording secretary; Carol U., newsletter; Sue S., 12 Steps Within

Group Representatives and Guests Present:

Carol U., Saturday St. Mary's Livonia; Susie Y., Wednesday West Bloomfield; Nancy A., Wednesday, Birmingham; Pamalar, Detroit Unity; Paula, Friday Ferndale; Diana Lee, I am a Miracle meeting. Georgette, Nancy S., Carole Ann, visitors.

Officer and Committee Chair Reports

Keri C., recording secretary: Minutes from March 27, 2021 meeting were corrected and approved.

Judy D., Chair: No formal report.

Pamalar B., vice chair: No report.

Lynn H., treasurer:

3/31/2021

Cash

Checking: \$11,478.55

Savings: \$9,081.12

YTD Contributions

Actual: \$8,381.51

Budget: \$8,715.00

YTD Net Income

Actual: \$230.06

Lynn presented the proposed budget for 6-1-21 to 5-31-22. Groups will vote on the budget and get back to Lynn with comments, questions and their votes.

Barbara D., corresponding secretary: I have been updating the virtual and face-to-face meeting list as things continue to change. I will send out the changes as I receive them. To be added to our email list, contact us by email at gdi.cor.sec@gmail.com. There are no face-to-face meetings that I know of now. The St. Clair Shores Monday 7 p.m. Bethel Meeting is temporarily on hold.

Standing Committees:

Bylaws: No report. Position open.

Finance Position: No report. Position open.

Verna K., Helpline: From March 24-April 20, 2021, there were 5 calls about OA and I referred them to oagreaterdetroit.org for more info. One caller inquired about using her church, Unity East in Clinton Twp., for in-person OA meetings. She indicated the fee would be very low. The church has been open since June with COVID safety protocols in place. I said our meetings are still currently virtual, but that I would keep her contact info on file.

- 6 calls – wrong number

Cyndi K., literature/office:

Beginning April 5, 2021, I will be in the office weekly on Mondays from 6-7:30 p.m. If anyone needs anything regarding the office or literature, they can call/text me at 248-770-7615 or email me at Cynthia.kiser72@gmail.com. Calling or texting is the best option.

Literature inventory:

Newcomer packets -- about 75-100 on hand

OA 12 & 12 -- 12 copies

Big Book -- 3-5 copies on the shelf

I am happy to meet people at the office or to connect with them at a central location that works for them. I can meet evenings during the week. I am more flexible on Saturday/Sunday.

Cyndi K., office manager: The updated computer is hooked up and ready to use. In addition, the wireless printer is connected to it.

I have cleaned out the filing cabinet and have boxes of materials for the officers to go through. The goal is to sort the paperwork into TRASH/SHRED, ARCHIVE/KEEP and CURRENT. After it is sorted, I will update and organize the files.

We have a new thermostat installed in the office because the old one died and an updated vacuum cleaner.

Carol U., newsletter: The May-June Loveline is in process and will go to board members this weekend and be released after review. Thanks to all who submitted an article. We have lot of recovery in the Intergroup and it is great members are sharing their experience, strength and hope. Carol is always looking for recovery articles. The deadline for the July-August issue is June 10. However, any recovery story is welcome at any time. Please send to

llnewsletter.editor@gmail. Your article will be in whatever is the next upcoming Loveline. Thanks to Mara for graphics and layout. Carol says her term as editor is up in May if anyone is interested in the position. She is willing to continue if no one else comes forward.

PI/PO: Bobbi S. not present.

Judy/Region 5 rep: Region 5 is working to provide sponsors and is looking for volunteers. Judy says she will reach out more to the region.

Frank A., speaker sponsor: Not present.

Sue S., 12 Steps Within:

The committee is hosting a virtual event for Sunday, April 25, from 2-4 p.m. called “Match Calamity with Serenity” that will focus on the fear inventory. There will be speakers, writing and sharing time. See website for access info.

On Saturday, May 8, the St. Clair Shores 10-11 a.m. phone meeting will host the 12 Step Within Committee in presenting “Resentment to Acceptance.” See website for access info.

If your group would like to host an event or workshop and would like some assistance, please call or text Sue at (248) 408-2340.

Pina B., webmaster: Website changes and events are added to national/local tab. Look at the website frequently for updates. Anyone can add events — send a text, Word doc or pdf for ease of posting. Include Zoom meeting details. This info is posted and then passed to Susie and Barbara D. to distribute widely. Pina also posts the Intergroup approved minutes and the Loveline. Pina’s email address: barton_pa@sbcglobal.net Sue noted that Detroit Unity Temple meeting needs the addition of 6-7 p.m. Mondays.

Old Business:

- Pina said the updated list from Frank was not received. Can security measures be put in place? Need to talk to Andrea. We need a plan. Judy will contact Frank to report at the May meeting and Joel at Region 5 and another Intergroup to discuss a safe, secure environment. She tabled it until next meeting.

New Business:

- Sue S. was approved as 12 Step Within chair. Verna was approved as Helpline chair.

Meeting Updates: Pina said the I am a Miracle meeting is going well, very healthy. The 8:45 a.m. Saturday meeting has between 5 and 10 people. Celtic Cross sent an email a month ago; they are starting to look at plans to reopen. Pina is waiting for more info. Susie said the Monday night West Bloomfield meeting is strong and has picked up a few people. The Wednesday 10 a.m. meeting is doing well; both have solid recovery, both with varied agendas with a variety of literature. The Sunday 9:30 a.m. meeting needs support. Barbara said the 6 p.m. Monday

Detroit Unity is doing well with about 7-8 people. The Sinai meeting at 10:30 a.m. Saturday has 3-5 people and needs support.

Next Intergroup Meeting: Saturday, May 22, 2021, at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read.
Third Step Prayer was said.
Judy D. adjourned the meeting at 12:30 p.m.**

Minutes submitted by Keri C.