Overeaters Anonymous Greater Detroit Intergroup Meeting Minutes March 27, 2021

Call to order

The regular OA Greater Detroit Intergroup Meeting was held March 27, 2021 as an online/telephone meeting. The meeting began at 11:17 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We had a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read. Judy had computer problems; Pamalar and Barbara shared running much of the meeting.

Roll Call

Board Members and Committee Chairs Present:

Judy D., chair/region rep; Barbara D., corresponding secretary; Keri C., recording secretary; Lynn H., treasurer; Carol U., newsletter; Susie Y., 12 Steps Within; Pina, website; Sue S., adviser; Pamalar, vice chair

Group Representatives and Guests Present:

Carol U., Saturday St. Mary's Livonia; Susie Y, Wednesday Birmingham; Verna, Wednesday, St. John's; Pina, Celtic Cross, Saturday

Officer and Committee Chair Reports:

Keri C., recording secretary: Minutes from Feb. 27, 2021 meeting were corrected and approved.

Judy D., Chair: No formal report.

Pamalar B., vice chair: No report.

Lynn H., treasurer: 2/28/2021 Cash Checking: \$10,875.61 Savings: \$9,080.43 YTD Contributions Actual: \$7,799.51 Budget: \$7,875 YTD Net Income Actual: (\$344.88)

Any committee that wants a different budget needs to talk to Lynn by April 19.

Barbara D., corresponding secretary: The updated meeting list has one change for the contact for Sunday, 9:30 a.m. meeting. Time to register for face-to-face meetings. Barbara will call contacts to make sure meetings are registered with the region.

Standing Committees:

Bylaws: No report. Position open.

Finance Position: No report. Position open.

Verna K., Helpline: Pamalar took 2 calls during the month and informed Verna of the position. Verna was approved as the new Helpline chair (see New Business). From Verna: March 6-23:

- 6 calls inquiring about OA*
- 1 text inquiring about OA
- 3 wrong numbers

*All callers/texts inquiring about OA were referred to oagreaterdetroit.org. She met with one caller who wanted OA literature

Cyndi K., literature: Not present.

Cyndi K., office manager: Not present.

Carol U., newsletter: Loveline was issued at the end of February. Carol is always looking for recovery articles. The deadline for the May-June issue is April 10. Because the Big Book topic had a good response in the last issue, we are repeating it in the May-June issue. However, any recovery story is welcome at any time. Please send to Ilnewsletter.editor@gmail.com. Your article will be in whatever is the next upcoming Loveline. Thanks to Mara for graphics and layout.

PI/PO: Bobbi S. Not present.

Judy/Region 5 rep: Region 5 is working to provide sponsors and is looking for volunteers. Judy says she will reach out more to the region

Frank A., speaker sponsor: Not present.

Sue S., 12 Steps Within:

I'm very excited to be your new chairperson for the 12 Steps Within (see New Business). Susie Y. has chaired for the past two years and has brought some wonderful recovery events for us to share in. I thank Susie for her service and I'm grateful she and Julie G. are staying on as committee members. The committee is putting together a virtual event for Sunday, April 25, from 2-4 p.m. called "Match Calamity with Serenity" that will focus on the fear inventory. There will be speakers and sharing time. See website for access info.

On Saturday, May 8, the St. Clair Shores 10-11 a.m. phone meeting will host the 12 Steps Within Committee in presenting "Resentment to Acceptance." See website for access info.

If your group would like to host an event or workshop and would like some assistance, please call or text Sue at (248) 408-2340.

Pina B., webmaster: Website changes and events are added to national/local tab. Look at the website frequently for updates. Anyone can add events — send a text, Word doc or pdf for ease of posting. Include Zoom meeting details. This info is posted and then passed to Susie Y. and Barbara D. to distribute widely. Pina also posts the Intergroup approved minutes and the Loveline. Pina's email address: <u>barton pa@sbcglobal.net</u> Sue noted that Detroit Unity Temple meeting needs the addition of 6-7 p.m. Mondays.

Old Business:

• Pina said the updated list from Frank was not received. Can security measures be put in place? Need to talk to Andrea. What about putting a password on the calls? We need a plan. Possibly use Barbara's corresponding secretary email. Lynn asked if problems exists now with the list and security? Pina didn't know of any issues people have had. Lynn said she is on the list and hasn't had any problems. She suggests not making it more difficult. Judy will contact Frank, Joel at Region 5 and another Intergroup to discuss a safe, secure environment. She tabled it until next meeting.

New Business:

- Susie said there's been no report about literature for a while and wonders about the inventory. Lynn said she talked to her and that Cyndi is going to the office every other week or so. Lynn doesn't think literature has been ordered recently because there's been no activity. Barbara will call Cyndi, who can meet at the office if literature is needed or people can take what they need and leave a receipt.
- Sue S. was approved as 12 Steps Within chair. Verna was approved as Helpline chair.

Meeting Updates: Pina said the I am a Miracle meeting is going well, very healthy. The 8:45 meeting has between 5 and 10 people. Celtic Cross sent an email a month ago; they are starting to look at plans to reopen. Pina is waiting to get more info. Susie said the Monday night West Bloomfield meeting is strong and has picked up a few people. The Wednesday 10 a.m. meeting is doing well; both have solid recovery, both with varied agendas with a variety of literature. The Sunday 9:30 a.m. meeting needs support. Barbara said the 6 p.m. Monday Detroit Unity meeting is doing well with about 7-8 people. The Sinai meeting at 10:30 a.m. Saturday has 3-5 people and needs support.

Next Intergroup Meeting: Saturday, April 24, 2021, at 11:15 a.m. after the Celtic Cross OA meeting.

Voices of Recovery and For Today were read. Third Step Prayer was said. Judy D. adjourned the meeting at 12:30 p.m.

Minutes submitted by Keri C.