

**Overeaters Anonymous  
Greater Detroit Intergroup  
Meeting Minutes  
Nov. 26, 2022**

**Call to order**

The regular OA Greater Detroit Intergroup Meeting was held Nov. 26 as an online/telephone meeting. The meeting began at 11:17 a.m. with a moment of silence and the Serenity Prayer followed by introductions. We did have a quorum. The 12 Steps, 12 Traditions and OA concept of the month were read.

**Roll Call**

**Board Members and Committee Chairs Present:**

Verna K., literature and helpline; Lynn H., treasurer and filling in for chair; Sue S., 12 Steps Within. Meeting Reps: Paula, Friday Ferndale; Carol U., St. Mary's Livonia; Verna, Wednesday, Surrender to Win Too. Guests: Julie, John Carl, Susie.

**Officer and Committee Chair Reports:**

**Minutes reviewed from Oct. 23, 2022.**

Corrections: Explain Lynn's topic of letter and change date of birthday party to 2023. Amended and approved.

**Chair:** Verna K. volunteered for position, pending election today. (See below.)

**Vice chair:** open position

**Lynn H., treasurer:**

**10/31/2022**

**Cash**

**Checking:** \$8,479.29

**Savings:** \$9,082.25

**YTD Contributions** (5 month-budget)

**Actual:** \$3,265.81

**Budget:** \$4,292.01 (\$1,026.70) (under budget)

**Expenses:** \$4,879.79

**Budget:** \$4,292.01 \$587.78 (over budget)

**YTD Net Income**

**Actual:** (\$1,614.48) Rent and phone paid through December.

**Corresponding secretary:** open position. Keri will take on the reporting secretary's task of collecting and disseminating reports. Conversation about how to divvy up this job. Keri needs emails of people interested in getting reports. Carol will help.

**Standing Committees:**

**Barbara D., Bylaws:** No written report.

**Finance:** Position open.

**Verna K., Helpline: 10/19/22 – 11/22/22**

- 5 calls inquiring about OA
- 1 Text inquiring about OA
- 5 Wrong numbers or no message left, sales/spam calls
- 1 call from member inquiring about starting a new meeting at the OA office

All callers/texts inquiring about OA are referred to [oagreaterdetroit.org](http://oagreaterdetroit.org) for more information than Verna gave in conversations. People new to OA who gave their address were sent a "Where Do I Start" newcomer pamphlet.

**Verna K., Literature: 10/19/22 – 11/22/22**

Sold two OA Twelve Steps and Twelve Traditions. Money mailed to Treasurer. There are currently 17 of these books at the OA office and three at my home.

Mail was picked up and one item was sent to Treasurer.

**Irene R., newsletter (Loveline):** Following board review and approval, the November/December issue of Loveline was released on Nov. 3, 2022. I thank committee members Carol U. for reviewing and editing the articles and Mara S. for the lively graphics and colorful design of the newsletter.

The deadline for the January/February issue is Dec. 10, 2022. Articles received after that date will be held for publication in future issues.

The theme of the January/February issue is "What is my idea of happiness?" but members should feel free to submit articles on any recovery-related topic.

Sharing your Experience, Strength and Hope in the Loveline is 12th Step work, reaching fellow compulsive eaters in a way that no one else can simply by telling your own story.

Please send articles to [llnewsletter.editor@gmail.com](mailto:llnewsletter.editor@gmail.com).

**Office manager:** position open

**PI/PO:** position open

**Region 5:** open position

**Frank, Speaker Sponsor List:** No written report.

**Sue S., 12 Steps Within:** On Nov. 10, we held our ongoing step study using the AA 12 and 12. There were 3 speakers and lots of sharing on Step 11 and how it is implemented in our daily lives.

Thursday, Dec. 8, will be our closing session, which will be on Step 12. We will have a speaker and then time for sharing. Please go [oagreaterdetroit.org](http://oagreaterdetroit.org) and look at local events for the link to this virtual meeting. It will be held from 7-8 p.m.

After this December workshop, Intergroup is in need of a new chairperson.

If you are interested in chairing or being on the committee going forward and have any questions, please don't hesitate to call me, Sue S., at 248-408-2340.

It has been a pleasure and very rewarding being part of this committee.

Got a text from a member who would like to be on the committee. Can there be no chair? Check the bylaws.

--Sue S., Julie G., Susie Y.

**Pina, webmaster: Changes since last meeting 10/18/22**

- Posted Rochester Ascension Providence Meeting Open Talk (11/13/22)
- Updated information for the Tuesday night's 7pm Hope United Church
- Added event for 1/28/23 Intergroup meeting
- Added information for OA Birthday Party (1/13/23 – 1/15/23)
- Posted Thanksgiving Walk In The (Virtual) Park event on 11/24/22
- Posted November/December Loveline
- Posted Thanksgiving "We are Family" Holiday Meeting Chat sponsored by the Tuesday night Houston Newcomer group

- Posted “Christmas/Kwanzaa/Hanukkah/New Year – Celebrate or Commiserate” Holiday Meeting chat sponsored by the Tuesday night Houston Newcomer group
- Posted new meeting: Sunday noon at the Southfield Office (In person)
- Posted September 2022 approved Minutes
- Removed Monday night St. Clair Shores Bethel Lutheran Church meeting since it has closed.

**Old Business:** Vote and confirmation of new chair. Lynn proposed voting in Verna as chair. Seconded by Sue S. Vote was unanimous in favor. Start date: Nov. 26, 2022.

**New Business:** Keri suggested we need to keep looking for volunteers for open positions. Divvy up corresponding secretary duties.

### **Meeting Updates:**

**Carol U:** St. Mary’s, Sat. to stay virtual for now. The meeting is going well, lots of good recovery. Meeting starts late sometimes, be patient.

**Lynn H.:** Grand Blanc Saturday. Still in-person, going well, with a lot of newcomers.

**Verna:** Wed., 7 p.m., Surrender to Win Too, still virtual and is going well, regulars and some newcomers.

**Julie:** Sat., I am a Miracle, group conscience held last week – face to face or virtual. Decision to have a virtual meeting; next year, explore going back face to face at the church. Two separate concurrent meetings.

**Paula:** Ferndale Friday, doing well, speaker for first 20-30 minutes. Host password being changed due to trouble. Group conscience first Friday of each month.

**Susie:** Monday, The Shul, going great. Some newcomers. Staying virtual. Wednesday, Living in the Solution, going well, virtual.

**Next Intergroup Meeting:** Saturday, Jan. 28, 2022, at 11:15 a.m. after the Celtic Cross OA meeting.

**Voices of Recovery and For Today were read.**

**Third Step Prayer was said. (p. 63 BB)**

**Lynn H. adjourned the meeting at 12:16 p.m.**

